Exercise #1

Annotated Bibliography: Spanking and Corporal Punishment

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January 14, 2011
Article #1

Spankers and Nonspankers: Where they Get Information on Spanking

APA Citation


Summary

This article discusses where parents get their information and perceptions on spanking. There is also a reversed side to the article on whether or not non spanking is relevant as well and where do those parents who don't spank their kids get their ideas on the subject matter from. This article includes research that was done to support the authors theory on Spanking and Non Spanking and whether or not parents are getting the proper information that they need in order to administer discipline healthy and safely. There was an idea brought up in the article that many parents receive their ideas on spanking from basically listening to other people. There was research done in two counties in Minnesota by the University of New Hampshire to see if a program was implemented would it change the attitudes of parents toward corporal punishment. The results showed that parents who spank their children were more likely to say that it is indeed important to educate parents on the means of corporal punishment. The author of this article did extensive research to prove the case on where parents get their information on spanking from. This article was indeed helpful to my research and the author did copiously discuss all of the information.
Article #2
Parental Discipline and Abuse Potential Affects in Child Depression, Anxiety, and Attributions

APA Citation

Summary

This article is comprised of exactly how parents discipline and abuse potential affects a child's mental state. The article goes on to show how sometimes a parent's discipline methods can be added stress to a child. Research was done to show whether or not children were stressed out by parents. Parents that participated in the study did it on a computer with twelve different scenarios presented to them in a random order. While the parents were engaging in testing the child would be placed in a separate room to take his or her test. The child test consisted of three questionnaires that were read to them by an adult administrator. The child wrote their answer on a separate sheet of paper. The children were given a positive reinforcement for their participation in the survey. Using SPSS, the results varied. There was one thing that was extremely noticeable from the results and that was the fact that parents that were more physically abusive had children that had depression symptoms as compared to those children of parents that with low child abuse tendencies. The conclusion was that parents who practiced harsh child discipline tactics had relatively high depression scores. The author did provide detailed information on the subject matter and it is proven throughout the article.
Article #3- Child Rearing Methods and Children's Health Behavior

APA Citation

Summary

This article discusses the relationship between the way a child is raised and how their upbringing can enhance or harm their health practices. In this article the author discusses methods on how children that are disciplined for misbehavior, rewarded for good behavior, and have some sense of freedom are more than likely to have great health practices. Those children who have no freedom, never disciplined for misbehavior, nor rewarded for good behavior are less likely to have good health practices. The author of this article did extensive research to prove this hypothesis. The author did a series of interviews and conducted research to prove their hypothesis correct.
Article #4 - The Effectiveness of Parental Discipline for Toddler Misbehavior at Different Levels of Child Distress


Summary

This article discusses the effects of disciplining toddlers and how it can be stressful on them. The authors of this article stress the point that when a parent gives the child a reason for corporal punishment the child is more apt to receiving the form of discipline displayed. There were a series of studied done to prove the authors theory. The study included forty volunteer mothers of children from the ages of 25 to 38 months old. The administers of the study gave a fifty dollar US Savings Bond to the participants. Each mother received a 90 minute training session to familiarize them with recording the data that was taken daily properly. They were informed of the definitions that were important to the success of the survey. The experimenters contacted the parents twice a week throughout the course of the study to get feedback. The experiment was extremely successful. The author did a great job in relaying the information to the audience.
Article #5 Spanking Children: Evidence and Issues

APA Citation


Summary

The article discusses different views on spanking, the effects on spanking children, and the limitations on the spanking of children. The purpose of this article is to inform the readers on how other people view the idea of spanking. The goal of the research that was done was to address the questions about the goals that parents had for discipling their children. Spanking is a subject matter that is always discussed among people. There was research done on the subject matter and it was successful. The only downfall on the issue on spanking was that the researchers found was that it is such a broad subject and that everyone will continue to have their own ideas on the subject matter.